Pre-K Menu: May 11 - 15, 2015

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5/11	5/12	5/13	5/14	5/15
Breakfast	Rice Krispies Fresh Orange Slices, ½ c Milk	Turkey Sausage Patty with Buttermilk Biscuit Cantaloupe Cup, ½ c Milk	WW French Toast Sticks (2) with Syrup, 1 oz Mixed Berry Crumble, ½ c Milk	Turkey Canadian Bacon & Cheese in WW English Muffin Orange Slices, ½ c Milk	Fruit & Yogurt Cold Plate: Vanilla Yogurt With Granola Fresh Mixed Fruit, ½ c Milk
Lunch	Salisbury Steak with Mushroom Gravy WW Noodles, ½ c Brown Sugar Carrots, ½ c Honeydew Melon Cup, ½ c Milk	Cheese Manicotti With Marinara Sauce Steamed Broccoli, ½ c Sliced Peach Cup, ½ c Milk	Turkey Sloppy Joes with WW Hamburger Bun Diced Butternut Squash, ½ c Wax & Green Beans, ½ c Milk	Sweet & Sour Chicken Steamed Rice, ½ c Sugar Snap Peas, ½ c Pineapple Tidbit Cup, ½ c Milk	Baked Fish Nuggets (2) with Ketchup Baked Sweet Potato Fries, ½ c WW Roll Fresh Apple Milk
Snack	White Cheddar Popcorn, 1 oz 100% Grape Juice, 4 oz	Honey Graham Crackers Applesauce Cup, ½ c	Vanilla Wafer Cookies, 1.1 oz Craisins, 1 oz	Cheddar Cheese Rectangle WW Crackers (2)	Chewy Granola Bar, 1 oz Diced Pear Cup, ½ c
Late Snack	Mozzarella String Cheese WW Crackers (2)	Pineapple Cereal Bar Fresh Banana	WG Animal Cracker Cookies Fruit Yogurt Cup, 4 oz	Mini WG Bagel, 1 oz LF Cream Cheese, .75 oz	Gingerbread Person, 1 oz Milk

WW = Whole Wheat
WG = Whole Grain
LF = Low Fat

Last Modified on 04/29/2015 by CH